

**MRC CLUBS – YEAR 7 & 8**

<b>Day</b>	<b>Before School (8-8.20AM)</b>	<b>Lunch</b>	<b>After School</b>
<b>Monday</b>	<ul style="list-style-type: none"> <li>• Years 7&amp;8 Basketball MRC (TDU)</li> <li>• All years Badminton (FRC) SPA</li> <li>• Breakfast Club</li> </ul>		
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>• Breakfast Club</li> </ul>	<ul style="list-style-type: none"> <li>• Year 7 Table Tennis (MRC) CGL/ MAR</li> </ul>	<ul style="list-style-type: none"> <li>• Homework Club in LAIC until 4:30pm</li> <li>• Wind Band 3.15pm - 4.15pm FRC Music room. Meet Mrs Adams in MRC reception to walk up</li> <li>• Year 7-8 Boys Rugby (MRC) MAR/ LST</li> <li>• All Years Girls Football (FRC Astro) Simon Walker/SPA/ HTA</li> </ul> <p><i>MRC Students to meet in the changing rooms - PE staff will escort to FRC</i></p>
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>• Breakfast Club</li> </ul>	BandLab Music Tech Club – Rm 27 1:30pm - 2:00pm	<ul style="list-style-type: none"> <li>• Science Club – Room M20- 3:15pm – 4:15pm</li> <li>• Year 7-9 Badminton (FRC Sports Hall) SPA/JBI</li> </ul> <p><i>MRC Students to meet in the changing rooms - PE staff will escort to FRC</i></p> <ul style="list-style-type: none"> <li>• Live Lounge Music Club – 3:10pm – 4:00pm</li> </ul>
<b>Thursday</b>	<ul style="list-style-type: none"> <li>• All years Badminton (FRC) SPA</li> <li>• Breakfast Club</li> </ul>	<ul style="list-style-type: none"> <li>• Steel Drums/Boomwhacker.Ukulele Club 1.30pm - 2.00pm</li> <li>• Year 7&amp;8 SEND FUN PE club (see PE staff for more info about this club) (MRC) HTA/ LST</li> </ul>	<ul style="list-style-type: none"> <li>• Years 7 and 8 Boys Football (MRC Field) MAR/ JAI</li> <li>• Years 7-8 Netball (MRC) HTA/ JBI/ CGL</li> </ul>
<b>Friday</b>	<ul style="list-style-type: none"> <li>• Years 7&amp;8 Fitness MRC (CGL)</li> <li>• Breakfast Club</li> </ul>		<ul style="list-style-type: none"> <li>• All Years Hockey (Maldon Astro) Led by Maldon Hockey Club and PE staff</li> </ul> <p><i>MRC Students to meet in the changing rooms – PE staff will walk to the astro with you. Finish at 4.30 – pick up from Maldon Astro (Next to Maldon and Tiptree Football Club). FRC students to meet at the astro.</i></p>